

**Programmes are to be run at the following locations:**

***Two Willows Childrens Centre, Cardinal Square, Beeston, Leeds, LS11 8HS, starting Tue 31st March 2015 (6pm—8pm).***

*Available to men with families living in South Leeds.*

***Nowell Mount Centre, Nowell Mount, Leeds, LS9 6JJ starting Wed 25th March 2015 (6pm—8pm).***

*Available to men with families living in East Leeds.*

***Armley Childrens Centre, Chapel Lane, Armley, Leeds, LS12 1UT, starting Tue 24th March 2015 (6pm—8pm).***

*Available to men with families living in West Leeds*

***Support for partners of men in these groups will be offered by Women's Health Matters***

**To find out more..**

*Contact the Caring Dads Team,*

*Telephone 0113 3951377 or*

*Email: [caringdadsinfo@leeds.gov.uk](mailto:caringdadsinfo@leeds.gov.uk)*

**Children Leeds NSPCC**   
Cruelty to children must stop. FULL STOP.

# Caring Dads

**A programme that aims to -**

- help fathers improve their relationship with their children**
- end controlling, abusive and neglectful behaviours.**



**Safer Leeds**



### **A few questions to ask yourself.**

Are you concerned that your relationship with your children is not as close as you hoped it would be?

Do you sometimes wonder how well you know your child?

Are you concerned about the level of discipline you need with your child?

Do you sometimes feel so angry with your child you feel like blowing up?

### **In the Caring Dads Group you will -**

- Learn how different ways of fathering affect children
- Learn about strengthening the father-child relationship
- Learn about controlling, abusive and neglectful attitudes and behaviours
- Develop skills to cope in a healthy way with frustrating situations.

***Caring Dads** provides opportunities for fathers to make positive changes in their parenting. (It is not an anger management or domestic abuse perpetrator programme, but will cover some similar topics)*

### **What does Caring Dads include?**

- 17 week group programme, with weekly 2 hour sessions for a group of up to 12 men
- Workbook for men to work through during the Programme
- On-going support for women and children throughout the programme.

### **How do you know this programme is for you?**

- You want to change your behaviour at home
- You want to improve your relationship with your partner and child/children
- You have regular contact with your child/children
- Your child/children has an allocated Social Worker or other worker

### **Interested?**

Please speak to your child's Social Worker or any other family worker.